



# SEPTEMBER | 2018

## Faircrest Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> LABOR DAY!! NO SCHOOL!	<b>4</b> Warm Apple Bosco Stick String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>5</b> Pillsbury Chocolate Crescent Roll String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>6</b> Mini Maple Waffles String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>7</b> Poptart String Cheese Seasonal Fresh Fruit Fruit Juice Milk
<b>10</b> Cocoa Cherry Bar String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>11</b> Warm Frudel String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>12</b> Chocolate Chunk Banana Breakfast Bar String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>13</b> Warm Cinnamon Strudel Bar String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>14</b> Crunch Mania Cinnamon Grahams String Cheese Seasonal Fresh Fruit Fruit Juice Milk
<b>17</b> Mini O's String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>18</b> Confetti Mini Pancakes String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>19</b> Cinnamon Super Bun String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>20</b> Sausage, Egg & Cheese Slider String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>21</b> Poptart String Cheese Seasonal Fresh Fruit Fruit Juice Milk
<b>24</b> Nutrigrain Bar String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>25</b> Mini Chocolate Chip French Toast String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>26</b> Muffin String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>27</b> Mini Cinnis String Cheese Seasonal Fresh Fruit Fruit Juice Milk	<b>28</b> Cereal Bar Cheese String Seasonal Fresh Fruit Fruit Juice Milk

### Daily Breakfast Options

Yogurt Meal & Cereal Combo

For more options please see the online menu.

### Menu App!

"Myschoolmenus" is our new online menu! Features include; picture of meal choice, nutritional values, and the ability to filter by allergens.

### What Makes a Breakfast?

Students must take three food components, one must be a fruit.

\*All grain items are whole grain rich.

**Breakfast and lunch are free to all students. Breakfast is served daily from 7:20 - 7:40am.**

**Encourage your student to stop at a grab and go breakfast kiosk located in the main hallway.**

\*Canton Local Schools is an Equal Opportunity Provider